

UNDER THE EMPORDÀ SKY

Tel: 972 546 628 info@masfalgarona.com www.masfalgarona.com 17742 · Avinyonet de Puigventós Alt Empordà Girona









RESERVATION:

Tel: 972 546 628 info@masfalgarona.com









BODY TREATMENTS

Alchemy experiences

Alguibien 55 min. €120/25 min. €70

Deconstructing massage to relieve pain and discomfort of the body caused by various factors such as inappropriate postu res, stress and microtraumatisms, among others, improving adhesions and tissue flexibility. With essential oils Key alchemy, lavender and lemon.

Alquiterapi 55 min. € 120/25 min. € 70

Therapeutic massage to recover the mobility of muscle tissues that may be sore. It relieves and reduces pain. With essential oils Marjoram and lavender alchemy.

Alguirelax 55 min. € 120/25 min. € 70

Relaxing massage with slow and deep movements and rebalancing of the chakras favoring physical and mental

With essential oils Alchemy of lavender, chamomile and ylana vlana.

Alkyctiv 55 min. €120/25 min. €70

Circulatory massage to activate the sanguineous and lympha tic irrigation favoring the corporal lightness.
With essential oils of cypress, grapefruit and mint.

Lomi Iomi 55 min. €140

Get wrapped up in a sensory traditional Hawaiian dance with deep, fluid and rhythmic movements, using hands and forear ms comprising extensive body areas allowing a firm massage. It aims to relax not only the muscles but also the spirit.

Reflexology Foot 25 min. € 70

Therapeutic technique that is based on the stimulation of the reflex points in the feet, helps to prevent different symptoms and pains to achieve a physical, mental and energetic balance.

Shiatsu 55 min. €140

Oriental technique, shiatsu is a therapy that bases its benefits on achieving the correct channeling of vital energy (Chi) through pressure to the meridians, in different key points of our body, made with fingers and hands. Know the benefits and properties of this technique.

Cranial champi 45 min. €90

Relaxing head massage and facial reflexology to relieve tension and achieve inner calm.

External Spa service 1 hour. 49€ Per person.

(From Monday to Friday)

FACIAL TREATMENTS

Beauty Alchemy

In all facial freatments a balance test of the chakras is perfor med, which will allow us to obtain a deep understanding of your energy situation and thus be able to determine how to rebalance it.

Beauty Facial 50 min €140

Get the absolute beauty with this personalized facial, which will be used the products of Alquimia and natural masks made at the moment according to the type of skin, to recover your natural beauty.

- Devitalized skins

mask with yogurt and honey.

- Oilv skin

mask with lemon and orange extracts.

- Very dry skin butter mask with essential oils.

- Skins with lack of collagen

mask with egg white.

Antioxidant

mask with grape extract.

- Skins with acne

clav mask.

Facial massage Kobido 50 min. €140

Facial cleansing, exfoliation and traditional Japanese anti-wrinkle facial massage that combines techniques of facial massage, lymphatic drainage, acupressure and Shiatsu; all treated from the medical tradition and the oriental thought, and the results are visible from the first session. We will see our skin bright, luminous, fresh and firmer in a serene and radiant face.

Prevents and reduces the aging process, improves the oxyge nation and nutrition of the skin cells, releases energy and blocked tension in the facial and neck muscles, improves the lymphatic flow, strengthens and tones the muscles, stimulates the production of Collagen and elastin and balances the flow of energy from the face. It does not only treat the upper layer of epidermis, as western massages do, but this therapeutic technique stimulates the facial nerves benefiting and increa sing blood circulation, distributing nutrients and eliminating toxins and impurities.